

2026 Calendar

OPEN TRAINING PROGRAM



LEARN.

GROW.

SUCCEED.

ILLUSTRATED BY: Konstantina Lencheva

2026

Calendar

JANUARY

S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

FEBRUARY

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MARCH

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29	30	31				

APRIL

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MAY

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31						

JUNE

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JULY

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AUGUST

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30	31					

SEPTEMBER

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OCTOBER

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NOVEMBER

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DECEMBER

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20	21	22	23	24	25	26
27	28	29	30	31		

the year at a glance

Best Sellers

Assertiveness

Time management

Personal Profile Analysis - certification

Competency-Based Interviewing Skills

Manager for the first time

Overcoming self-sabotage

The Art of Negotiations

New In

Avoiding conflicts in the workplace

Growth mindset

Mindfulness

Power of communication through DISC

Managing expectations

Emotional resilience for leaders

Hight Potential trait indicator - certification

spring edition

FEBRUARY **ASSERTIVENESS**

18

with Borislav Nikolov

JOIN NOW

299 EUR NO VAT

Assertiveness is an essential business skill – it enables you to voice your ideas, appropriately engage others in your decisions and articulate your point of view with clarity and conviction. There is a direct correlation between self-confidence and assertion.



TACK TMI OFFICE SOFIA
09:30 - 17:00

FEBRUARY **INTERVIEWING SKILLS**

25

with Margarita Etova

JOIN NOW

299 EUR NO VAT

To be able to identify the “right” candidate for the job is a real art, in which the correct judgement is based on the combination of a lot of different skills, but all of them lead to constant questions for the successful interview.



TACK TMI OFFICE SOFIA
09:30 - 17:00

MARCH **POWER OF COMMUNICATION THROUGH DISC**

10

with Blagovesta Nikolova

JOIN NOW

299 EUR NO VAT

By learning about how we behave through an easy to understand style analysis we gain an insight into people’s needs and expectations. Conversely this helps us determine what we need to do to consciously adapt our own behaviour to make a positive impact on others building credibility and trust in the process.



TACK TMI OFFICE SOFIA
09:30 - 17:00

MARCH **TIME MANAGEMENT**

25

with Milen Dragiev

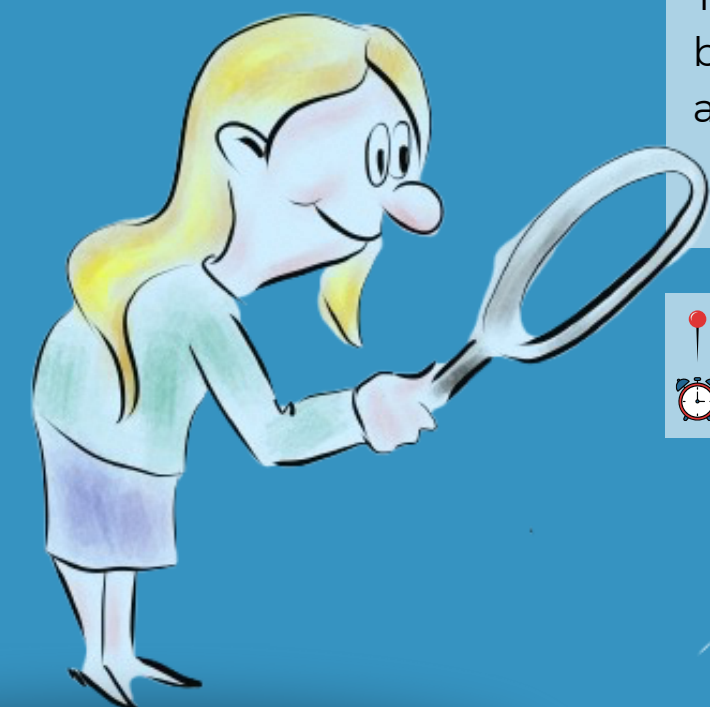
JOIN NOW

299 EUR NO VAT

An onsite program with a great number of practical tips, on-the-spot goal setting and helpful ideas all leading to insights and change.
Module 1: Time Planning
Module 2: Tips and Techniques to Use Time Well



TACK TMI OFFICE SOFIA
09:30 - 17:00



spring and summer edition

MARCH
31

OVERCOMING SELF-SABOTAGE

with Ina Lencheva

JOIN NOW

299 EUR NO VAT

Each of us strives to develop and improve. We set goals, make plans, change them to achieve the expected results. Sometimes, however, despite our good intentions, the plans don't come to fruition, the goals aren't achieved and we are left with a sense of disappointment and frustration.

APRIL
22-23

MANAGER FOR THE FIRST TIME

with Milen Dragiev

JOIN NOW

399 EUR NO VAT

Learn the essential skills you need in your role as a new manager and be successful. After the thrill of being promoted or offered the role, the realities of finding ways to become successful at it, set in. There is a limit to what a new manager can do to emulate those who have, in the past, managed the team.

MAY
12-13

AVOIDING CONFLICTS IN THE WORKPLACE

with Ina Lencheva

JOIN NOW

399 EUR NO VAT

Anyone who works in an office environment knows how exhausting disputes, invisible tensions, gossip, and recurring conflicts can be. Have you ever had a colleague ask you for advice, only to reject every suggestion you make with the phrase "Yes, but..."?

JUNE
03

GROWTH MINDSET

with Blagovesta Nikolova

JOIN NOW

299 EUR NO VAT

This interactive workshop is designed to empower participants with the tools and strategies to cultivate a growth mindset. Over the course of the day, participants will engage in thought-provoking discussions, dynamic group activities, and self-reflection exercises to uncover their potential for growth.



TACK TMI OFFICE SOFIA

09:30 - 17:00



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09:30 - 17:00



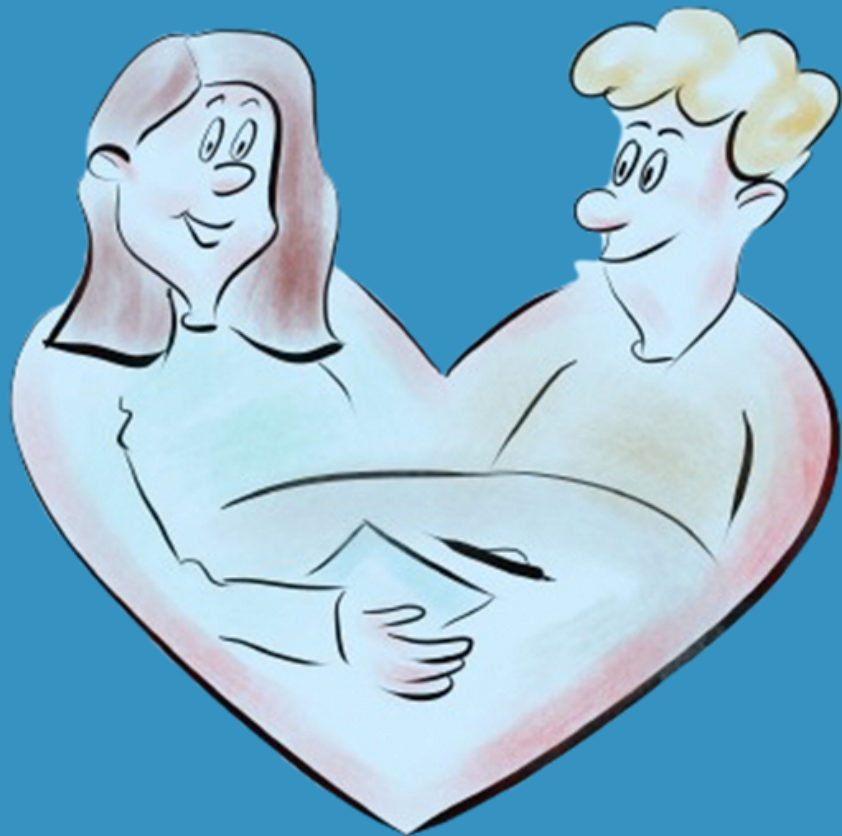
TACK TMI OFFICE SOFIA

09:30 - 17:00



TACK TMI OFFICE SOFIA

09:30 - 17:00



autumn edition

SEPTEMBER MINDFULNESS

23

with Hristina Mitovska

JOIN NOW

299 EUR NO VAT

Our Mindfulness Training for Teams offers a transformative and highly practical approach to fostering well-being, emotional intelligence, and deeper interpersonal connection within your organization.

This interactive training is delivered in a way that is accessible, engaging, and immediately applicable to daily work life.

OCTOBER MANAGING EXPECTATIONS

07

with Ina Lencheva

JOIN NOW

299 EUR NO VAT

Working in a corporate environment often requires quick decisions under pressure, balancing different interests, managing tension, and dealing with aggressive behavior. Managers often find themselves caught between the demands of management and the expectations of their team.

OCTOBER SMART LEADERSHIP WITH TEIQ

27-28

with Blagovesta Nikolova

JOIN NOW

399 EUR NO VAT

Emotional Intelligence Skills: What They Are & How to Develop Them. Go deep, know yourself and your style as a leader, navigate emotions for success. Identify personal emotional strengths and areas for improvement. Understand how self-awareness influences leadership. Learn to apply emotional intelligence skills to enhance leadership effectiveness.

NOVEMBER EMOTIONAL RESILIENCE FOR LEADERS

04

with Ina Lencheva

JOIN NOW

299 EUR NO VAT

Sometimes even experienced managers feel overwhelmed by the expectations of others, that they have become overly sensitive or easily sink into self-criticism and feelings of hopelessness. Sometimes we waste enormous amounts of energy, emotions, and time on situations that turn out to be more problematic in our minds than in reality.

DECEMBER THE ART OF NEGOTIATIONS

02

with Iliyan Boychev

JOIN NOW

299 EUR NO VAT

Master the art of negotiation. Win the deal and retain your profit. The ability to negotiate well is an absolute necessity. Anyone can strike a deal by conceding, but in today's market you can't afford such a tactic. Change the game and turn the typical positional negotiation into a cooperative discussion.



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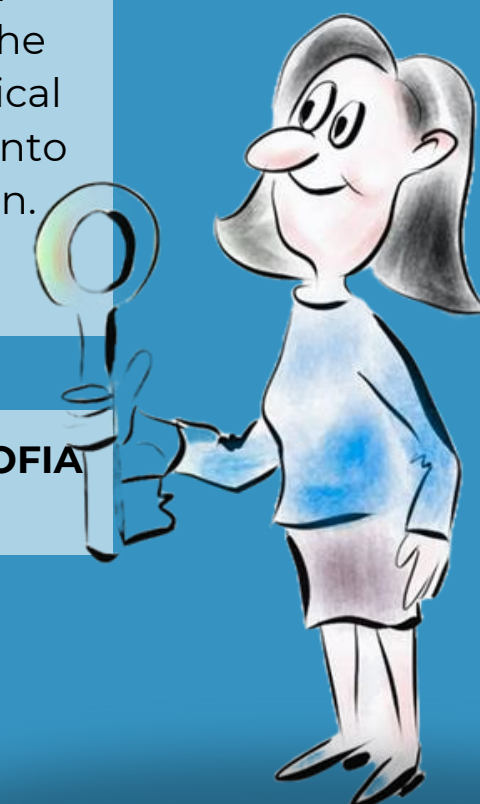
TACK TMI OFFICE SOFIA

09:30 - 17:00



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09:30 - 17:00



certification courses

APRIL
28-29 **PERSONAL**
PROFILE ANALYSIS
with Blagovesta Nikolova

JOIN NOW **1160 EUR NO VAT**

Hosted by one of our expert trainers, this accreditation course will teach you everything you need to know to confidently use the Personal Profile Analysis (PPA), a psychometric assessment used to understand how people behave in the workplace.

SEPTEMBER
29-30 **EMOTIONAL**
INTELLIGENCE TEIQ
with Blagovesta Nikolova

JOIN NOW **850 EUR NO VAT**

Thomas Trait Emotional Intelligence Questionnaire (TEIQue) is an emotional intelligence assessment that provides insight into how candidates deal with their emotions, respond to work pressure and manage relationships, as well as how effectively they are able to judge other people's feelings and how they use this knowledge to develop and maintain good relations.

NOVEMBER
25 **HIGH POTENTIAL**
TRAIT INDICATOR
with Julia Pruhtovich

JOIN NOW **650 EUR NO VAT**

The High Potential Trait Indicator (HPTI) Assessment is a personality assessment that reveals the traits that drive how people think, work, and interact - and how they transfer to the workplace.



 **TACK TMI OFFICE SOFIA**
 09:30 - 17:00

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 09:30 - 17:00

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 09:30 - 17:00

excellence program

TBD

THE ART OF PROJECT MANAGEMENT

with Murat Ozbilen

Nowadays the development of every company often requires designing and executing different short, middle or long term projects. The good Project Management is the key to the successful development of any company. With that respect, Project Management is not merely a science; it is the art of science!



ONLINE IN ZOOM

TBD

TBD

AGILE PROJECT MANAGEMENT

with Murat Ozbilen

Over the past decades, many organizations have embraced and successfully implemented project management methodologies. However, Project Managers often face significant challenges when practicing “traditional” project management in environments where uncertainty and complexity are high and schedule and requirements flexibility is required.



ONLINE IN ZOOM

TBD



Embark on your learning journey today!

For any questions or assistance contact:

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